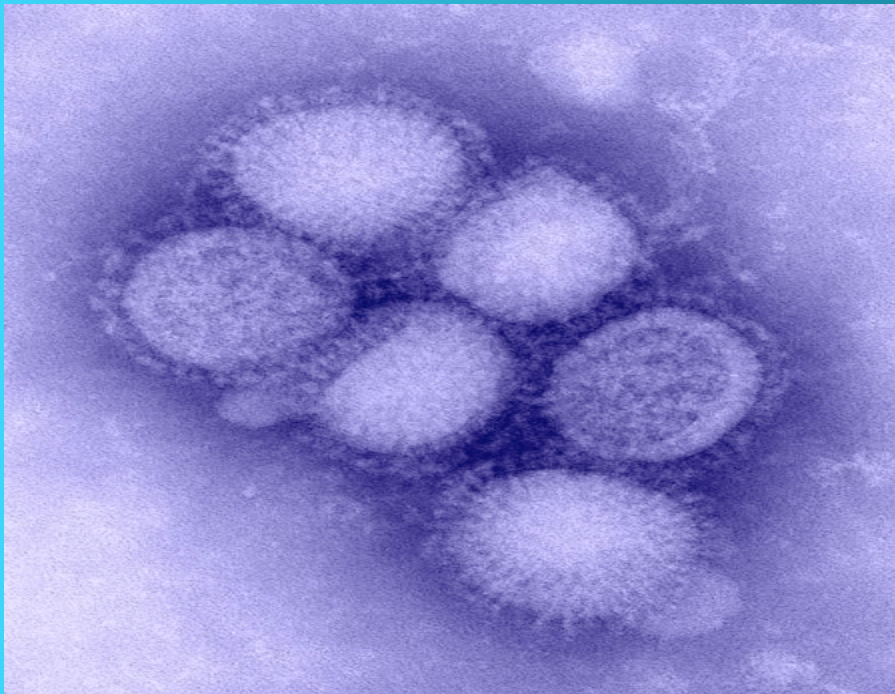


H1N1 Virus

Full Faculty Meeting 8.28.09



Environmental
Health and Safety Manager,
Denelle Bowser

H1N1 Awareness

- Facts
- MICA Preparation
- Training Schedule
- Specialized Training and Support
- Faculty Roles and Responsibilities
- Student Roles and Responsibilities
- Prevention

H1N1Facts

- MICA has already experienced an H1N1 outbreak among the Pre-College students and is preparing for additional cases
 - Maximum 185/ semester with ILI on campus (non-mid Atlantic)
 - Minimum 64/ semester with ILI on campus (non-mid Atlantic)
- Individuals between 6 months and 25 years of age are much more likely to contract H1N1 and all college campuses, including MICA, are likely to see high numbers of case among students

H1N1 Facts Continued...

- The symptoms and spread of H1N1 virus are similar to the seasonal flu
- Flu viruses are spread mainly from person to person through coughing or sneezing or by touching something with the flu viruses on it and then touching the mouth and nose
- Studies have shown that the flu virus can survive on surfaces and can infect a person for up to 2-8 hours

H1N1 Facts Continued...

- It is possible to contract both the seasonal flu and H1N1 flu
- The most effective strategies against both flu strains are personal prevention, through hand washing, cough/cold etiquette , and obtaining flu vaccinations
- Frequently sanitizing of work spaces, phones, key boards, etc. can minimize the risk of contracting the flu
- MICA is working closely with Mt. Royal Medical and Baltimore City Health Department and expects that there will be a vaccine distribution

Cold vs. Flu Symptoms

Symptoms	Cold	Flu
Fever	Rare	Usually Present
Aches	Slight	Usual, often severe
Chills	Uncommon	Fairly common
Tiredness	Mild	Moderate to severe
Sudden Symptoms	Symptoms appear gradually	Symptoms can appear within 3-6 hours
Coughing	Hacking, productive cough	Dry, unproductive cough
Sneezing	Common	Uncommon
Stuffy nose	Common	Uncommon
Sore throat	Common	Uncommon
Chest Discomfort	Mild to moderate	Often severe
Headache	Uncommon	Common

H1N1 Preparation

- Policies and Procedures Established
- Preparedness and Response Committees
- Awareness Training Schedule
- Stop the Spread of Germs Poster
- Letters and email blasts to staff, faculty, students and parents
- Sanitizers strategically placed throughout campus and Clorox wipes placed computer labs
- Informational Pamphlets
- Vaccine requests through Mt. Royal Medical Associates
- Isolation and support procedures

H1N1 Training Schedule

Audience	Date
VP Update	August 18, 2009
All staff meeting	August 19, 2009
Grad Orientation Leaders	August 21, 2009
Community meeting	August 23, 2009
Grad Director Retreat	August 26, 2009
Chairs Meeting	August 26, 2009
Graduate Students	August 27, 2009
Full Faculty Meeting	August 28, 2009
Facilities, Parkhurst and Building Services Refresher Training	August, 28,2009
New Undergrad Students	August 29, 2009
Students, Staff, Faculty	August 31, 2009
Faculty, new and returning	September 9, 2009

Specialized H1N1 Training and Support

- Dining Services
- Campus Safety
- Building Services
- Facilities
- Academic Affairs and Faculty
- Student Affairs / Residence Life

H1N1 Educational Support

- Faculty (extend projects and make-up)
- Emergency Closing Procedures
- Isolation at 1515 Mt. Royal “The Pen”
- Mt. Royal renovations

H1N1 Faculty Roles and Responsibilities

- Monitor your health -**Do not come into work if you are experiencing an influenza like illness** (fever, cough, sore throat, body aches, headache, chills, or fatigue)
- Call your health care provider for guidance
- Follow your departments H1N1 plan
- **H1N1 in syllabus, distribute and ask students to read *Student Guide to H1N1 flu***

Students with ILI

- Limit contact with other people as much as possible. Do Not Go to Class! Seek medical attention at **Mount Royal Medical Associates 410.225.8855, call ahead**
- Students who have ILI should self-isolate for at least 24-hours after fever is gone
- Make sure to get plenty of rest and drink clear fluids to keep from being dehydrated
- Avoid normal activities including work, school, travel, shopping, social events and public gatherings

Student Roles and Responsibilities

- Contact the **Office of Student Affairs at 410.224.2422** who will assist with plans for self isolation, arranging for meals ,and any other necessary support
- Contact any faculty whose class you anticipate missing and inform them of your illness. Work with them to make arrangements for catching up on any missed work

H1N1 Prevention

- Recommend getting the seasonal flu and H1N1 flu vaccines
- Do not come to work if you are sick with ILI
- Cough etiquette
 - cover your nose and mouth with a tissue when you sneeze
 - wash your hands often with soap and water
- Avoid touching your eyes, nose or mouth
- Frequently use alcohol-based hand cleaners

More H1N1 Information Available

Remember you can find information about MICAs
preparations for the H1N1 flu on the mica website:

www.mica.edu/campus_safety